



Mid-July 2022

Dear Friends of Switzerland,

We hope you are safe and well. July is coming to an end, which means Swiss National Day is just around the corner! As we celebrate more than 700 years of Switzerland this year on August 1, we have many opportunities for you to join in the fun. Whether you join the Swiss Club for a fun day or check out specialties at the only Swiss restaurant here in Washington D.C., we have the right program for you. If you're craving something sweet but healthy to enjoy during your own August 1 celebrations, keep reading for a recipe for one of the most popular Swiss dishes.

Please continue to check our website, social media channels, and events calendar, where we are providing regular updates, for more cultural content. Have you found something we're missing? What would you like to see more of? Let us know—we would love to hear from you.

We hope you continue to enjoy, stay safe, & stay healthy!



Join Us!

**Celebrate
Switzerland's
National Day**
Saturday, July 30, 2022
Entry between 4:00 and 6:00 pm
Embassy of Switzerland
2920 Cathedral Ave NW,
Washington, DC
Tickets required

Source: [Swiss Club of Washington, D.C.](#)

After three years away, the Swiss Club of Washington, DC, will once again host its August 1st celebration on the grounds of the Embassy of Switzerland. There will be delicious Swiss food, wine and beer, music and entertainment, activities for all ages, and the ever popular Tombola and Super Raffle. To better enjoy the event, please bring lawn chairs, beach umbrellas, swimsuits for the pool, and sunscreen! This event will take place rain or shine. Due to ongoing construction at the Embassy, tickets are limited this year so early registration is highly encouraged. We hope to see you there!

Register and find details [here](#).

Food

**Swiss National
Day at Stable**

July 30 & 31, 2022
1324 H Street NE
20002 Washington, DC



Source: [Stable DC](#)

Head to Stable, Washington, DC's only Swiss restaurant, on July 30 and July 31 for another Swiss National Day celebration where you can enjoy a special food and drink menu alongside the regular menu. The Sunday brunch will also be set to live Alphorn music at the H Street eatery.

The full menu of Stable's Swiss National Day specials and information for making reservations can be found [here](#).



Source: [Migusto](#)

Cuisine

Birchermüesli

(Adapted from [Migusto](#))

One of the most popular Swiss dishes, the original *Birchermüesli* was invented in the 19th century by Swiss doctor Maximilian Oskar Bircher-Benner, and was originally intended to be an evening meal (*Z'nacht*), not breakfast. Nevertheless, Birchermüesli remains a Swiss classic that has become popular around the world. Whether for breakfast, lunch, or dinner, *Birchermüesli* is ideal to enjoy during hotter days as a sweet but healthy dish. It is also highly customizable, allowing you to add fruits and nuts of your choice!

You will need:

- ¼ cup Hazelnuts
- 1 cup Rolled oats
- 2 tbsp Raisins
- 1 fl oz Buttermilk
- 12 oz Plain yogurt
- 2 Apples
- 1 Banana
- 1 ¼ cups Mixed berries, such as strawberries, blueberries, or raspberries
- 2 tbsp Honey
- 5 fl oz Cream

Directions:

1. Chop the hazelnuts. Roast in a pan until light brown. Remove and set aside. In a bowl, pour the buttermilk over the oatmeal and raisins, then add the yogurt.
2. Grate apples along with the peel. Halve banana lengthwise and cut into slices. Add, along with the berries and honey and mix. Whip the cream until semi-stiff. Garnish *Birchermuesli* with the roasted hazelnuts and whipped cream, or other toppings of your choice.

Enjoy!

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